

Quick guide

The Lombard effect

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What is it? This year marks the 100 year anniversary of the discovery of the Lombard effect, an involuntary vocal response by speakers to the presence of background noise. In the century since its discovery, this phenomenon has surely achieved importance far beyond what its discoverer could have ever imagined. In the simplest terms, the Lombard effect is an increase in vocal amplitude in response to an increase in background noise. Although most people are probably not aware of it, we all know the Lombard effect — just think of the last time you tried to engage in a conversation in a noisy pub or at boisterous party (Figure 1).

How did it get its name? In 1911, a French otolaryngologist named Étienne Lombard published an article entitled “Le signe de l’élévation de la voix”, which described an interesting observation he made while working at the Hôpital Lariboisiere in Paris (Figure 2). Lombard had noticed that, when a patient who was engaged in conversation was presented with an intense noise, he would elevate the level of his speaking voice. Lombard perceived that the patient did not seem aware of this change in vocal amplitude, and concluded this was an involuntary reflex: he thought that this “sign of the elevation of the voice” could be used as a tool to ferret out malingerers pretending to be deaf in order to shirk their work duties, or make false claims of injury.

The discovery was dubbed the ‘Lombard sign’ by Lombard’s student in a subsequent publication and the terminology was soon adopted by others. Because of the involuntary nature of the phenomenon, some authors began using the term ‘Lombard reflex’. Both names are still sometimes used, but as the phenomenon is not a true reflex the most common and generally accepted term is the ‘Lombard effect’.

How does it work? Although the adjustment of vocal intensity happens involuntarily when background noise levels change, the phenomenon is not truly a reflex. Much of what we do know about how the Lombard effect works at a neural level comes from comparative work on non-human primates and other mammals. From these studies we learn that the essential circuits responsible for the Lombard effect are located in the brainstem. Specifically, sets of audio-vocal neurons in the periolivary region and the pontine reticular formation are the most likely candidates for the integration of vocal production and auditory perception that is necessary for the Lombard effect.

As mentioned above, however, the Lombard effect is not a true reflex, in that it is not controlled by a simple reflex arc. One clue that higher cortical areas are involved is that the effect, although involuntary, can be modulated by social context and can be inhibited with training involving feedback from a different sensory modality. Although the Lombard effect is robust and simply instructing a speaker to keep their voice level constant does little to inhibit it, when speakers are provided with visual feedback displaying their vocal intensity in real time, it is possible to train a speaker to inhibit the rise in voice amplitude.

While the term ‘Lombard effect’ generally describes only the change in vocal amplitude, the effect is very often accompanied by a suite of other vocal changes, including a rise in fundamental frequency, a flattening of spectral slope (or ‘tilt’), and an elongation of signal duration. This collection of related vocal adjustments in response to noise is collectively referred to as ‘Lombard speech’ in humans.

The degree to which these other traits are coupled to the rise in amplitude can depend on the type and context of the vocalization. For example, in human speech, vowels are more likely to be elongated in Lombard speech, while consonants usually are not. In humans, males tend to exhibit a more dramatic Lombard effect than females do, and speakers in general have stronger Lombard effect-related vocal changes when they are involved in communicative interactions than



Figure 1. The Lombard effect. Even if you weren’t aware of the Lombard effect, or what it was called, you almost certainly exhibited it the last time you had a conversation in a noisy club, at a loud party or on a busy street corner with a car or bus passing by. (Photograph courtesy Damon Locks.)

when they are simply reading or speaking in a non-communicative context. Interestingly, these changes in voice parameters observed during Lombard speech differ from those that occur during voluntary ‘loud speech’, as when a speaker is simply asked to talk louder or when a teacher raises her voice to address students in a large lecture hall. This finding further emphasizes the reflex-like nature of the Lombard effect, and may be an indication that different neural control mechanisms are involved in voluntary vs. involuntary changes in voice amplitude.

Why is it important? In addition to its usefulness in diagnosing hearing loss (or someone faking it), Lombard himself recognized that his ‘sign’ had other potential applications. He recognized that the Lombard effect was the result of a feedback system between vocal production and auditory perception that enabled correction of speech performance. The Lombard effect is still widely used in hearing tests and in studies of audio-vocal integration. The Lombard effect is also applicable to the study of vocal disorders and speech production, and has even been used as a therapeutic tool to improve speech intelligibility in Parkinson’s disease patients.

Beyond the medical and psychobiological applications mentioned above, the Lombard effect has proved relevant across a diverse range of other fields. Understanding the Lombard effect, and particularly the changes



Figure 2 .The hospital Lariboisière in Paris, France.

This is where Etienne Lombard discovered the noise-dependent regulation of speech amplitude 100 years ago. (Photograph courtesy Ana Martins.)

associated with Lombard speech, has been instrumental in developing software for automatic speech and speaker recognition. In architectural acoustics and design studies on the Lombard effect are employed to reduce unwanted noise and improve intelligibility of speech indoors. The Lombard effect is also relevant to the study of phonetics and linguistics.

During the last decades, the Lombard effect has become increasingly important in the study of animal vocal behaviour and of the evolution of vocal plasticity. The Lombard effect has been demonstrated experimentally in a range of other mammals, including non-human primates, cats, bats and whales. In birds, the Lombard effect has been experimentally shown in a diverse set of taxa, ranging from chickens to songbirds. A recent study, however, could not find evidence for this faculty in frogs, suggesting that the Lombard effect is not a common trait of all vertebrates. Whether or not the effect has evolved independently in birds and mammals is not known to date but future research may close this gap.

How can researchers use it in their future work? The number of research articles referencing the Lombard effect has grown steadily in the 100 years since Étienne Lombard first published his findings. The Lombard effect is now understood to be more than just a simple raising of the voice, but is a complex array of dynamic vocal changes in response to real-time changes in the perception and production of one's own voice, and to changing environmental acoustic and social conditions. That the

Lombard effect is often, but not always, accompanied by spectral and temporal changes in the vocal signal suggests that these traits are not simply coupled biomechanically, but to some degree are capable of independent modulation.

The importance of this vocal phenomenon in future research is increasingly broad. In recent years there has been a surge of interest in the negative effects of rising levels of anthropogenic noise on wildlife (and on humans). As a result, an understanding of the Lombard effect and of the mechanisms underlying and constraining vocal communication in noise is particularly relevant to today's scientific community.

We still know far too little about the neural mechanisms that mediate the Lombard effect, particularly when it comes to the differences between taxa. The examination and understanding of these mechanisms are not only relevant to human speech regulation, but would provide insight into the evolution of this vocal phenomenon.

Where can I find out more?

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